

pegasus treatments

With our focus solely on understanding you as an individual, we offer a host of treatments for every part of your body, leaving you feeling like a new person. We use Dermalogica skin care products for both the face and body, so you can be sure of receiving the very best treatment during your session. All beauty treatments give you complimentary use of the spa facilities, including the aromatic steam bath, dry sauna, relaxation lounge and fitness centre.

Opening hours:

Monday – Friday 06:30 – 22:00

Saturday – Sunday 07:00 – 22:00

Body treatments

Treatment	Price	Description
Hot Stone Massage 40 minutes or 1/4 hours	£40 or £75	Up to 6 times deeper than a traditional massage, the direct heat from the black basalt stones relaxes the muscles, helping to release tension in the body. Pressure is varied to suit individual needs. A full relaxing head massage is included with the longer massage.
Aromatherapy Massage 1/4 hours	£70	A light, therapeutic massage using pre-blended essential oils to relax and re-balance the body's energy system to help maintain health and vitality.
Full Body Swedish Massage 1 hour or 1/2 hours	£55 or £80	Using a light oil to reduce muscular tension in the body, this technique is ideal for reducing both physical and emotional stress. Pressure is varied to suit individual needs. A full relaxing head massage is included with the longer massage.
Reflexology Massage 1 hour	£55	After an initial consultation, pressure points on the feet are massaged and stimulated. The body's energy system is re-balanced to give an overall feeling of wellbeing.
Indian Head Massage 30 minutes	£30	Techniques are applied to the upper back, shoulders, tops of arms, working up to the neck, scalp and face. Indian head massage relieves tension, headaches and neck pain. It also calms the mind and increases concentration levels.
Shirodara 30 minutes	£35	A continuous flow of hot oil is poured onto the 3rd eye, incorporated with a soothing head massage. This reduces stress levels and increases relaxation within the body.
Ayurvedic Massage with hot stones 75 minutes	£80	Essential oils are chosen to suit your dosha. The pouring of warm oil on the body is used throughout this unique treatment, incorporating hot stones to help release tension and increase relaxation. The treatment is finished with Shirodara.

Eye treatments

Treatment	Price	Description
Eye Brow Shape 15 minutes	£10	Improves the shape and style of the brows with either tweezers or wax.
Eye Brow Tint 15 minutes	£10	A treatment to enhance the colour and shape of the brows.
Eye Lash Tint 25 minutes	£15	A treatment to enhance the colour and length of the natural lashes.
Eye Lash and Brow Tint 25 minutes	£20	A perfect combination of treatments to enhance the colour and shape of the eyebrows and eyelashes.

NB. New clients require a 24 hour patch test for tinting.

Waxing and tanning

Treatment	Time	Price
Top lip or chin wax	10 minutes	£10
Under arm wax	15 minutes	£15
Bikini wax	15 minutes	£15
Brazilian wax	25 minutes	£20
Hollywood wax	25 minutes	£25
Half arm wax	20 minutes	£18
Full arm wax	25 minutes	£20
Half leg wax	25 minutes	£20
3/4 leg wax	35 minutes	£25
Full leg wax	40 minutes	£30
Full leg and bikini wax	60 minutes	£35
Chest wax	40 minutes	£30
Back wax	40 minutes	£30

NB. * It is advised not to have heat treatments or to use the sunbeds, sauna, steam room or pool before or directly after waxing.

Tanning sunbed

Tanning sunbed	Price
Solarium	£3 per 3 minutes token

Please refer to separate insert for facial treatments.

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Dermalogica Facials

Treatment	Price	Description
Revitalising Eye Rescue 25 minutes	£25	The eye area is firmed and toned, helping to diminish fine lines and reduce puffiness.
Express Facial 30 minutes	£30	The skin is cleansed, toned, gently exfoliated, a mask is applied and a moisturiser to finish. Ideal for all skin types.
Dermalogica Personalised Facial 1 hour	£55	A full facial tailored to suit your individual skin type, with face mapping for a truly personalised treatment. The skin is deeply cleansed and gently exfoliated, and a mask is applied to draw out impurities and refine pores. A Chinese acupressure massage is incorporated to help release facial tension and aid relaxation.
Dermalogica Facial for Men 1 hour	£55	A personalised facial that is also great for irritation caused by shaving. Tailored to suit your individual skin type.
Anti-ageing Facial 1 1/4 hours	£60	Enhancing elasticity by gently toning and firming, the skin is left smooth with a visible glow. An intensive eye treatment is applied to reduce fine lines and puffiness to the eye area. A full head massage is also included to aid relaxation.

Hand and foot treatments

Treatment	Price	Description
File and Paint 25 minutes	£15	The nails are filed to the required shape and painted with the colour of your choice.
Manicure 45 minutes	£25	A grooming and massage treatment to maintain great looking hands. Nails are then painted with the colour of your choice.
Pedicure 1 hour	£30	A grooming and massage treatment which exfoliates and softens. Nails are then painted with the colour of your choice.
Deluxe Manicure 1 hour	£30	The perfect way to great looking hands. Full grooming, including an intensive moisturising treatment to help repair the skin. This treatment increases circulation and is great for arthritis sufferers.
Deluxe Pedicure 1 1/4 hours	£35	The perfect way to fantastic feet. Full grooming to help combat hard skin by exfoliating, softening and moisturising. This treatment increases circulation and is great for arthritis sufferers.